
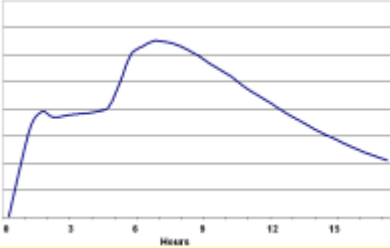








A comparison of stimulants to help treat the symptoms of ADHD

Non-stimulant medicines are also available e.g. atomoxetine and guanfacine

Product	Strengths, size and what they look like	Release		How much there is in your blood after you take a dose	Practical advice	
		0-4hrs	Later			
Methylphenidate						
Concerta XL[®] <i>(3 chamber OROS capsule-shaped tablet)</i>	18mg		22%	78%		<ul style="list-style-type: none"> • Take before, with or after breakfast • Swallow whole - do not chew.
	27mg					
	36mg					
	54mg					
Xenidate XL[®] <i>(wax pellet tablets)</i>	18mg		22%	78%		<ul style="list-style-type: none"> • Take with or after food • Swallow whole • Can be halved.
	27mg					
	36mg					
	54mg					
Matoride XL[®] <i>(2 chamber OROS tablet)</i>	18mg		22%	78%	<ul style="list-style-type: none"> • Take before, with or after breakfast • Swallow whole - do not chew. 	
	36mg					
	54mg					
Delmosart[®]	18mg		25%	75%	<p>When asked about the release of methylphenidate, we were told that "Ethypharm UK Ltd is not able to provide any specific details regarding the exact release profile of Xaggitin XL, as this is company confidential information." So, we can't let you know what these graphs look like nor compare these products with other ones.</p>	<ul style="list-style-type: none"> • Take before, with or after breakfast • Swallow whole - do not chew, break, divide or crush.
	27mg					
	36mg					
	54mg					
Xaggitin[®]	18mg		25%	75%	<ul style="list-style-type: none"> • Take before, with or after breakfast • Swallow whole - do not chew, break, divide or crush. 	
	27mg					
	36mg					
	54mg					
Equasym XL[®] <i>(wax pellets in a capsule)</i>	10mg		30%	70%	<ul style="list-style-type: none"> • Take before breakfast • Swallow whole, or sprinkle contents onto apple sauce and swallow straight away 	
	20mg					
	30mg					
Medikinet XL[®] <i>(wax pellets in a capsule)</i>	5mg		50%	50%	<ul style="list-style-type: none"> • Take with or after breakfast • Swallow whole, or open and sprinkle onto apple sauce and swallow straight away • Do not chew or crush. 	
	10mg					
	20mg					
	30mg					
	40mg					
	50mg					
	60mg					


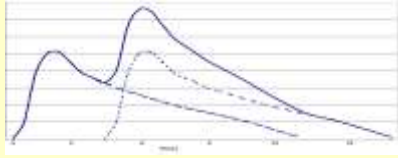


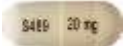
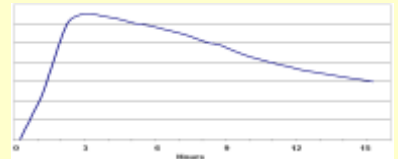



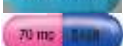
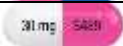




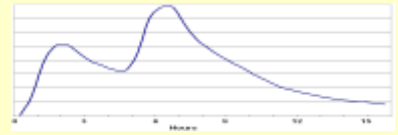
The different brands of methylphenidate may not be exactly the same.

If you switch products, sometimes your symptoms may not be as well managed.

Talk to your prescriber if this happens if you switch from one product to another.

A comparison of stimulants to help treat the symptoms of ADHD p2

Non-stimulant medicines are also available e.g. atomoxetine and guanfacine

Product	Strengths, size and what they look like	Release		How much there is in your blood after you take a dose	Practical advice	
		0-4hrs	Later			
Methylphenidate						
Immediate release tablets	5mg		90%	10%		<ul style="list-style-type: none"> The solid line on the graph shows what happens if you have one dose and then a second dose 4 hours later The dotted lines are what happens after each dose.
	10mg					
	20mg					
Lisdexamfetamine						
Elvanse [®]	20mg					<ul style="list-style-type: none"> Swallow whole or empty into a liquid and swallow straight away.
	30mg					
	40mg					
	50mg					
	60mg					
	70mg					
Elvanse Adult [®]	30mg					
	50mg					
	70mg					
Dexamfetamine						
Amfexa [®]	5mg					<ul style="list-style-type: none"> The graph shows what happens if you have one dose then a second dose 4 hours later.
	10mg					
	20mg					
	1mg/ml solution					

The small print: This short leaflet is to help you understand more about ADHD medicines. You **must** also read the manufacturer's Patient Information Leaflet (PIL) for each medicine or visit our website for more information. Do not share medicines with anyone else.

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